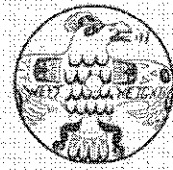


West Heights Community School Newsletter



 Mission
Public Schools

January 31, 2018

Darran Forrest, Principal | Tel 604-826-6401 | Darran.forrest@mpsd.ca | www.westheights.mpsd

Dear West Heights Families:

I hope everyone has had a fantastic beginning to 2018! This past Wednesday evening was the last day of a 3 part series called EMPOWER. Thanks to the many parents who attended and had the chance to hear various presenters discuss topics such as: self-regulation, JUMP math and making connections to your community. A big thank you to Diana McCall who organized and facilitated these sessions!

West Heights is excited to begin having "growth mindset" assemblies. This will be a celebration of the students who are showing effort and growth in a particular area. As a school we are focusing on teaching our students the importance of effort and dedication. These assemblies will start on Feb 26th. Please see the attached 'Mindset Intro For Parents'.

Finally, if your neighbours have young children and are born in 2013, *please encourage them to register at the school as soon as possible.*

Sincerely,

Darran Forrest
Principal



West Heights 2018-19 Kindergarten Registration

Neighbourhood School Kindergarten registration began **Monday, January 15th to January 19th from 8:30 am to 3:00 pm.**

If you are unsure which school is in your catchment area, please go to the School Locator on our website: westheights.mpsd.ca or call the school office at 604-826-6401.

Children born in **2013** are eligible for Kindergarten.

Proof of age will be required at the time of registration, along with proof of residency. Please bring a birth certificate with you. Early registration helps our planning process for the 2018-19 school years.

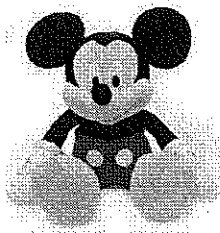
Dates to Remember:

- Feb 12:** STAT – Family Day
- Feb 14:** Aboriginal Cultural Day
- Feb 23:** Provincial Pro D- no school
- Mar 2:** Half Day Assessment
(Students Dismissed at 11:00)
- Mar 12:** Report Cards go home
- Mar 15:** Parent/Student/Conferences
- Mar 16:** *No School* (in lieu of Parent/Teacher interviews)

School Reminders

- School District policy does not permit dogs on school property.
- Drive slowly in the parking lot. Please do not idle your vehicle.
- If your child is sick, please keep them home. Notifying the school of contagious illnesses such as chicken pox etc. is appreciated so informative information can be sent home with the class.
- See www.fraserhealth.ca or www.fightflu.ca for more information.
- Visitors are required to report to the office once entering the school. Please continue to drop off and pick up your child outside of their class. If late, your child can pick up a late slip at the front office and proceed to class.

Me-To-We Stuffie Sale



Our, Me-To-We group will be having a stuffie sale from January 22- February 9th at recess. The cost for stuffies ranged from \$1.00 to \$3.00. All proceeds from the sale will go to Me-To-We and Cops for Cancer.

Breakfast Club

Breakfast club continues to run daily from 7:45 am - 8:15am in room 151.

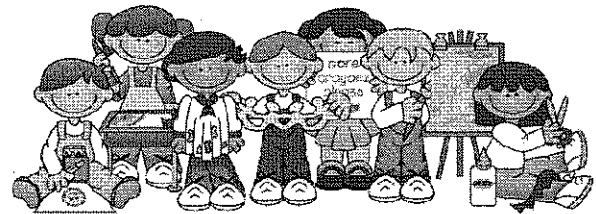
Thank you to everyone who has sent in donations of food or money to help keep this program running. Hope to see you there!

Pink Shirt Day – February 28th, 2018

Students are encouraged to wear pink shirts on **Wednesday, February 28th** in support of anti-bullying day.



Although this is a one day event, remember to be kind to others all year round.



Volunteers

If interested in volunteering at the school for things such as PAC events, in the PAC kitchen, Breakfast Club, attending field trips with your child or driving to volleyball games, ***please ensure you have completed a criminal record check and volunteer form*** which are available at the office. Please call the office if you would like one sent home.

Aboriginal Dept.

Cultural Day is February 14, in the morning. We will have 13 presenters offering a variety of activities.

PAC Meeting (Evening)



The next PAC meeting is on **Feb 28 at 7:00 pm** in the Library.

Do you have PAC questions?

Please call Elisa at 604-302-1460 or elisastarwilliams@gmail.com for further information.

Basketball



A big thank you to Mr. Flynn for coaching our Intermediate basketball team again this year. **Congratulations** to our basketball team for participating in a four team tournament at Christine Morrison in November!

Soccer/Basketball



Wednesdays, we had lunch time drop in soccer/basketball for all intermediate students looking for some sporting fun. Thank you to Mr. Flynn for providing this fun activity for students.

Intermediate Volleyball



The senior mixed volleyball team has been practicing Tuesday and Thursday at lunch. We are really excited and looking forward to our upcoming play days. Our first play day will be on Thursday, February 8. Our second play day will be on Thursday, February 15th. Our final play day will be on Thursday, February

22nd. Go team go! A notice of where the teams are to meet will be communicated when finalized.

A big thank you to Mrs. Heriot and Ms. Longlitz and Mr. Forrest for coaching these teams.

Mission Library

Check out the latest Mission Library programs at www.fvrl.ca.

Check out the latest library programs at <http://www.fvrl.bc.ca/locations/mission.php>

LEGO Club

Tues, Feb 7-Mar 28, 3-4:15 pm
Love LEGO? We provide the LEGO, you bring your imagination! Come play, create, and experiment.

Hearts & Flowers Puppet Show

Tuesday Feb 13, 6:45-7:30 pm
Bring the one you love the best to the library for some sweet stories, songs, and a puppet show.

Travel Around the World with Green Screen

Friday, Feb 16, 2-3:30 pm
Armchair travelling at its best! Dress-up in your holiday attire, choose your background and get

your photo taken with Green Screen technology. All ages welcome.

Happy Birthday Dr Seuss

Friday, March 2, 3-4pm
You would not, could not, want to miss a celebration such as this! Come help us celebrate Dr. Seuss' birthday with stories, games, crafts and cake!

Dance Fever Puppet show

Friday, March 16, 2:30-3:15 pm

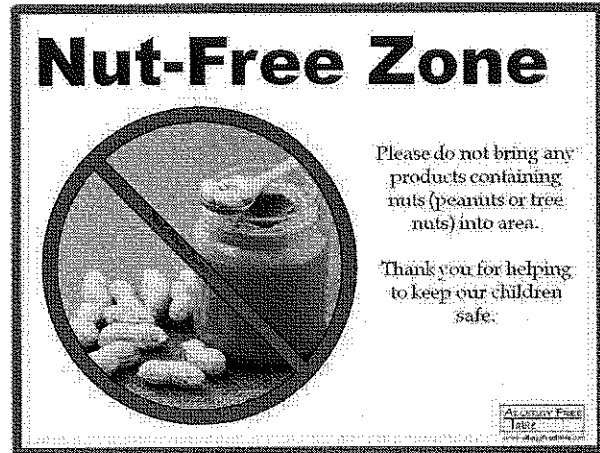
Put on your dancing shoes and come to the library for a swinging good time with stories, dancing, and a puppet show!

Stuffie Sleepover

Thursday, March 22, 5:30 – 6:30 pm

Pickup: Friday March 23

Bring your stuffies for a story & craft. Leave them over for a sleepover. Next day, come and see what they've been up to. Registration required.



Division 8 - Salmon in the classroom.



**To the Parents/Guardians of
Div 7 & Div 6**

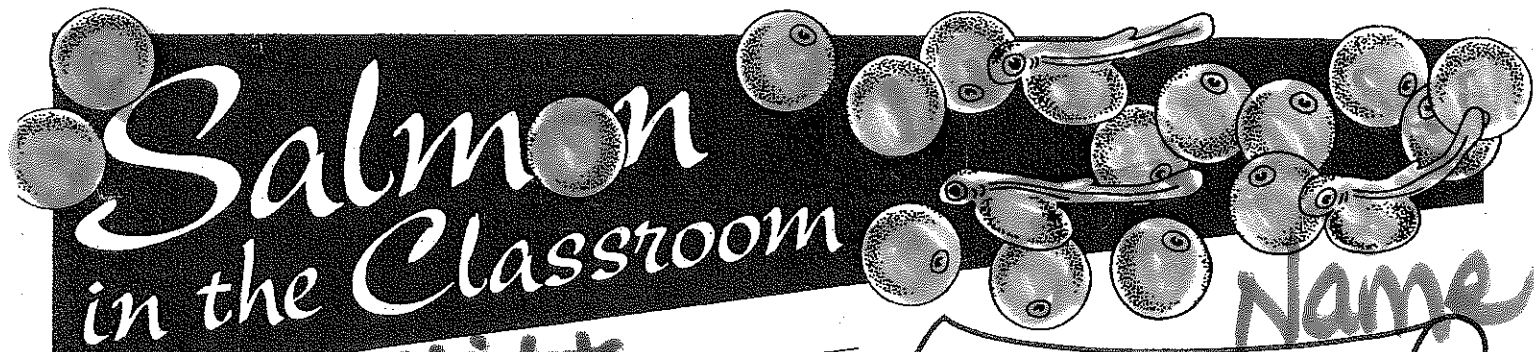
Please help us by voluntarily by adhering to the following food allergy safety guidelines:

1. Do not send any food items to be eaten as snacks in our classroom with ingredient labels indicating they contain peanuts, peanut butter, or nuts.
2. Do not send any food items with ingredient labels indicating they were manufactured in a factory that processes nuts. (e.g. Hershey plain chocolates, soy beans, & some granola products.)
3. Parties are a special time for children, but can be difficult for the food-allergic child. When sending in snacks, please be careful about the ingredients, as some brands/flavors of baking chips are processed in factories containing nut products. Note that bakeries often use the same bowls to prepare items with nuts and those items without nuts.
4. If your child ate foods with peanuts, peanut butter, or nuts for breakfast, please make sure that his/her hands are washed with both soap and water before leaving for school.

Please carefully consider the special event treats such as Valentine candies you choose for class distribution, as you will be amazed which items contain nuts or are processed in a factory with nut products or were processed in a facility that also manufactures food containing common food allergy

Growth Mindset Bulletin Board





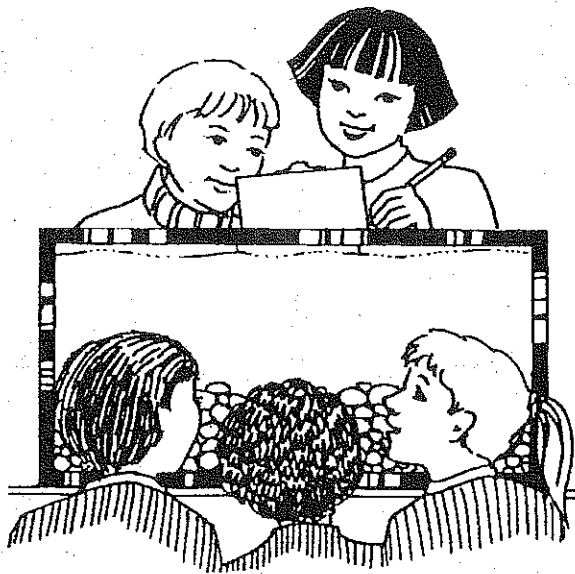
Salmon in the Classroom

at West Heights OUR SCHOOL

We're studying salmon!

Our tiny salmon eggs have arrived! We are learning about the life cycle of Pacific salmon. In the fall, salmon return to spawn and leave thousands of eggs in the gravel of many B.C. streams and rivers.

Our salmon eggs are developing in a special classroom incubator. We provide cold, clean water and lots of oxygen for the salmon eggs. We monitor the aquarium each day, and record the temperature of the water. We are learning about salmon and salmon habitat, and how salmon are very sensitive to changes in their environment. We hope all our salmon eggs will hatch!

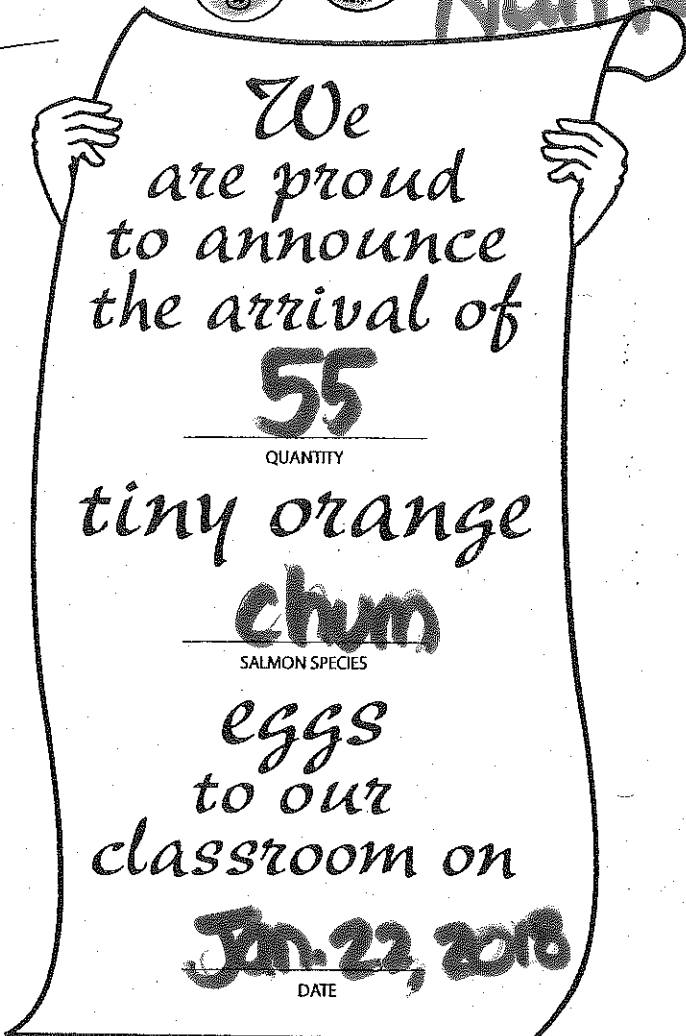
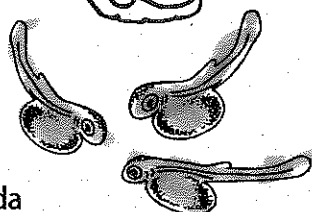


"... learning about one's natural environment while experiencing it can be a life-changing event that forever alters one's perspective and understanding."

David Guggenheim,
Vice President, The Ocean Conservancy

Sharing Support

"Salmonids in the Classroom" is supported and funded by Fisheries and Oceans Canada in partnership with your school district. We are excited that your child is studying salmon. Learning about stewardship helps students contribute to our community, making a difference for salmon and for us all!



We
are proud
to announce
the arrival of
55
QUANTITY
tiny orange
chum
SALMON SPECIES
eggs
to our
classroom on
Jan. 22, 2018
DATE

WEST HEIGHTS ELEMENTARY Cultural Day - February 14, 2018

PRESENTER	ROOM	ACTIVITY	SESSION #1	GR.	# OF STUDENTS	SESSION #2	GR.	# OF STUDENTS
Peter Gong		Directed Drawing	Gary Flynn	5 & 6	18	Haley Longlitz	5 & 6	16
Leslie Jensen		Warrior Shields	Baljit Dhaliwal	5 & 6	17	Gary Flynn	5 & 6	18
Susan O'Soup		Spirit Stones	Terresa Delaney	5 & 6	17	Baljit Dhaliwal	5 & 6	17
Holly Gallant		Pow Wow Drumming	Haley Longlitz	5 & 6	16	Terresa Delaney	5 & 6	17
Pipte (Peter Lindley)		Mind Boards	Wendy Coulthard	4	22	Navtaj Sandhu	2 & 3	18
Johnny Williams		Slahal	Navdeep Cheema	3 & 4	21	Wendy Coulthard	4	22
Roxane McCallum		Button Blankets	Navtaj Sandhu	2 & 3	18	Navdeep Cheema	3 & 4	21
Lynn Heyes		Inuit Games	Tianay de Andrade	2	18	Megan Heriot	1	19
Judy Cathers		Rhythm Sticks	Rachel Davies	1 & 2	17	Tianay de Andrade	2	18
Brittany O'Rourke		Bead & Leather Bracelets	Megan Heriot	1	19	Rachel Davies	1 & 2	17
Joe Kelly		Beaded Keychains	Alyson Trout	K & 1	18	Hilary Kroepflin	K	18
Malila (Donna Giroux)		Halq'eméylem	Alicia Schweers	K	17	Alyson Trout	K & 1	18
Kristy Hackel		Tee Pees	Hilary Kroepflin	K	18	Alicia Schweers	K	17

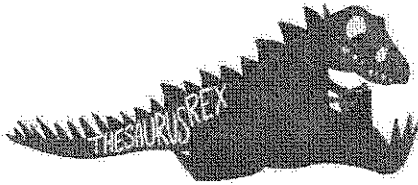
Back Up Kits: Button Blanket Dolls - Marne Ferris
Metis Mitts - Tracy Carr

BANNOCK - CHRYSTAL McCALLUM

Helpers: Deanna Dettieh, Jasmin Wells,
Maria Mulholland

WHEN?
SATURDAY FEB 3 2018
11:00am - 3:00pm

RIOT of
READING
FAMILY LITERACY FAIR



- FREE**
- PRIZES**
- ENTERTAINMENT**
- PIZZA**
- BOOKS**
- MAGICIAN**



WHERE?
ECOLE MISSION CENTRAL
7466 WELTON ST.